



## 011531 ACNE DUOGEL

### What is this preparation?

This preparation is custom-formulated specifically for you to better treat your individual needs. The unique combination of active and inactive ingredients has been selected to produce an outcome that is clinically different to that which is commercially available. For this reason, no standardized information or literature is available for your final preparation. Custom-created preparations allow us to meet your individual needs without being restricted to off-the-shelf medicines and devices.

### What is this preparation for?

This is a custom-formulated preparation designed to better meet your individual needs. This practice's desire is to help you achieve better outcomes. Its active ingredients will work together toward this goal.

Adapalene - belongs to a class of medications called retinoids. It works by affecting the growth of cells and decreasing swelling and inflammation. This medication is used to treat acne. It may decrease the number and severity of acne pimples and promote quick healing of pimples that do develop.

Benzoyl Peroxide works as a drying/peeling agent. It increases skin turnover, clearing pores and reducing the bacterial count as well as acting directly as an antimicrobial. It may be combined with other active ingredients. Benzoyl Peroxide commonly causes initial dryness and sometimes irritation, although the skin develops tolerance after a week or so.

Niacinamide also known as Nicotinic Acid is a B vitamin, specifically Vitamin B3. Niacinamide is touted in Rx dermatology and skincare products for reducing redness and irritation. Niacinamide has antioxidant and anti-inflammatory properties that complement the cell communicating role. These properties make Niacinamide an excellent conditioning agent that reduces the harshness of the additional active ingredients contained within the formula.

### How to use this preparation?

Use this preparation exactly as your doctor instructed you.

Additional directions:

### How to store this preparation

This preparation should be stored in a cool, dry and dark place.

**Warning:** You may have an allergic reaction to any of the ingredients in this custom-formulated preparation. It is advisable that you first test the preparation before applying it on a large area of the body. Apply a very small amount of cream/lotion/gel/solution on a quarter size area on your forearm to test. Let it stay for about 30 minutes. If you have a fast reaction type of allergy, the area will be red and itchy. If you have a slow reaction type of allergy, the same symptoms may occur after 48 hours. If any of these situations occur, stop using the preparation and call your health care practitioner. The absence of any reaction to this test is no guarantee that an allergic reaction may not occur during future uses of this preparation.